

unt	First Name	Last Name	Sport	Event	Association to North Carolina
1	Bam	Adebayo	Basketball	Men's National Team	High Point (High Point Christian Academy)
2	Shane	Baz	Baseball	Men's National Team	Durham Bulls
3	Tia-Adana	Belle	Track & Field	Women's 400m Hurdles (Barbados)	Saint Augstine University Alum
4			BMX	,	,
	Perris	Benegas		Women's Freestyle	Cary
5	Simonas	Bilis	Swimming	Men's 100m Freestyle (Lithuania)	NC State Alum
6	Celine	Boutier	Golf	Women's National Team (France)	Duke Alum
7	Katie	Bowen	Soccer	Women's National Team (New Zealand)	UNC Alum
8	Tynita	Butts-Townsend	Track & Field	Women's High Jump	ECU Alum
9	Lucy	Bronze	Soccer	Women's National Team (England)	UNC Alum
10	Erika	Brown	Swimming	Women's 100m Freestyle Women's 4x100m Relay	Charlotte (Hough High School)
11	Andrew	Capobianco	Diving	Men's Individual Springboard Men's Synchronized Springboard	Holly Springs (Holly Spring High School)
12	Paul	Chelimo	Track & Field	Men's 5000m	UNCG Alum
13	Anna	Cockrell	Track & Field	Women's 400m Hurdles	Charlotte (Providence Day High School)
14	Debora	Cristiane de Oliveira	Soccer	Women's National Team (Brazil)	NC Courage
15	Gabriele	Cunningham	Track & Field	Women's 100m Hurdles	Charlotte (NC State)
16	Claire	Curzan	Swimming	Women's 100m Butterfly Women's 4x100 Medley Relay	Cary (Cardinal Gibbons High School)
17	Abbu	Dahlkamanan	Canan		NC Courses Alum
17	Abby	Dahlkemper	Soccer	Women's National Team	NC Courage Alum
18	Todd	DeSorbo	Swimming	Swimming Assistant Coach	Salisbury (UNCW Alum, Previous NC State Coa
19	Daniel	Dhers	BMX	Men's Freestyle (Venezuela)	Holly Springs
20	Justin	Dowell	BMX	Men's Freestyle	Holly Springs
21	Anton	Down-Jenkins	Diving	Men's 3m Springboard (New Zealand)	UNC
22	Nikita	Ducarroz	BMX	Women's Freestyle (Switzerland)	Holly Springs
23	Felix	Duchampt	Triathlon	Men's Triathlon (Romania)	Queens Alum
24	Crystal	Dunn	Soccer	Women's National Team	UNC Alum
25	Abby	Erceg	Soccer	Women's National Team (New Zealand)	NC Courage
26	Tim	Federowicz	Baseball	Men's National Team	Apex (UNC Alum)
27	Camilia	Feeley	Gymnatics	Women's Rythmic Gymnastics	UNC
28	Tatyana	Forbes	Softball	Women's National Team (Mexico)	NC State Alum
29	Naomi	Graham	Boxing	Women's 75kg Middleweight	Fayettville
30	Allisha	Gray	Basketball	Women's 3x3 National Team	2-years at UNC
31	Chelsea	Gray	Basketball	Women's National Team	Duke Alum
32	Sophie	Hansson	Swimming	Women's 100m Breaststroke (Sweden)	NC State
33	Keni	Harrison	Track & Field	Women's 100m Hurdles	Clayton (Clayton High School)
34	Quanera	Hayes	Track & Field	Women's 400m	Hope Mills (Livingstone College Alum)
35	Tobin			Women's National Team	UNC Alum
		Heath	Soccer		
36	Adrian	Hegvary	Cycling	Track Cycling	Asheville
37	Anton	Ispen	Swimming	Men's 800m Freestyle (Denmark) Men's 1500m Freestyle (Denmark)	NC State Alum
38	Drew	Johansen	Diving	Head Diving Coach	Former Duke Diving Coach
39	David	Kendziera	Track & Field	Men's 400m Hurdles	Chapel Hill
10	Anabel	Knoll	Triathlon	Women's Triathlon (Germany)	Queens Alum
41	Nyls	Korstanje	Swimming	Men's 100m Butterfly (Netherlands) Men's 4x100m Freestyle Relay (Netherlands)	NC State
42	Lucas	Kozeniesky	Shooting	Rifle Shooting	NC State Alum
43	Marius	Kusch	Swimming	100m Butterfly (Germany)	Queens Alum
14	Stephanie	Labbe	Soccer	Women's National Team (Canada)	Former NC Courage Player
45	Kara	Lawson	Basketball	Women's National Team 3x3 Coach	Duke Women's Basketball Head Coach
46	Evy	Leibfarth	Canoe/ Kayak	Women's Canoe Slalom Women's Kayak Slalom	Bryson City (Davidson College)
17	Zoob	Lokken	Canaal Kawali	· · · · · · · · · · · · · · · · · · ·	Charlette (CDCC)
47	Zach		Canoe/ Kayak	Men's Canoe Slalom	Charlotte (CPCC)
48	Leona	Maguire	Golf	Women's National Team (Ireland)	Duke Alum
49	Riley	McGree	Soccer	Men's National Team (Australia)	Charlotte FC
50	Sam	Mewis	Soccer	Women's National Team	NC Courage
51	Alexander	Norgaard	Swimming	Men's 800m Freestyle (Denmark) Men's 1500m Freestyle (Denmark)	NC State
52	Jahlil	Okafor	Basketball	Men's National Team (Nigeria)	Duke Alum
53	Stan	Okoye	Basketball	Men's National Team (Nigeria)	Raleigh (Knightdale High School)
54	Javianne	Oliver	Track & Field	Women's 100m	1-year at UNC
5 5	Tommy	Paul	Tennis	Men's National Team	Greenville
56	Doug	Payne	Equestrian	Eventing	Apex
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				Women's 200m Breaststroke (Slovakia)	
58	Noe	Ponti	Swimming	Men's 100m Butterfly (Switzerland)	NC State
				Men's 200m Butterfly (Switzerland)	
				Men's 4x100m Freestyle Relay (Switzerland)	
				Men's 4x200m Freestyle Relay (Switzerland)	
59	Maddy	Price	Track & Field	Women's 4x100 Relay (Canada)	Duke Alum
60	*	Quinn	Soccer	Women's National Team (Canada)	Duke Alum
61	Ivana	Raca	Basketball	Women's National Team (Serbia)	Wake Forest University
62	Summer	Rappaport	Triathlon	Women's Triathlon	Durham
63	Hannah	Roberts	BMX	Women's Freestyle	Jacksonville
64	Randolph	Ross	Track & Field	Men's 400m	Raleigh (NC A&T)
65	Shawn	Rowe	Track & Field	Men's 400m Hurdles (Jamaica)	Saint Augustine University Alum
66	Joe	Ryan	Baseball	Men's National Team	Durham Bulls Alum
67	Ryder	Ryan	Baseball	Men's National Team	Huntersville (UNC Alum)
68	Andrew	Seliskar	Swimming	Men's 200m Freestyle	Charlotte
69	Kenny	Selmon	Track & Field	Men's 400m Hurdles	UNC Alum
70	Akeem	Sirleaf	Track & Field	Men's 200m (Liberia)	NC A&T
				Men's 400m (Liberia)	
71	Luka	Slabe	Volleyball	Women's National Team Coach	NC State Head Women Volleyball Coach
72	Michal	Smolen	Canoe/ Kayak	Men's Canoe Slalom	Charlotte (Belmont Abbey)
73	Steven	Solomon	Track & Field	Men's 400m (Australia)	Duke Alum
74	Jessica	Springsteen	Equestrian	Women's Equestrian Jumping Team	Duke Alum
75	John	Stefanowicz	Wrestling	Men's Greco Roman	Jacksonville
76	Trevor	Stewart	Track & Field	Men's 4x400m Relay	NC A&T
77	Daniel	Stokes	Track & Field	Men's 4x400m Relay (Mexico)	NC A&T
78	Kacper	Stokowski	Swimming	Men's 100m Backstroke (Poland)	NC State
79	Naya	Tapper	Rugby	Women's National Team	Charlotte (UNC Alum)
80	Jason	Tatum	Basketball	Men's National Team	Duke Alum
81	Mary	Tucker	Shooting	Women's Rifle Shooting	Pineville
82	Ashley	Twichell	Swimming	Women's 10km Open Water	Fayetteville (Duke Alum/Coach)
83	Kate	Van Buskirk	Track & Field	Women's 5K (Canada)	Duke Alum
84	Andreas	Vazaios	Swimming	Men's 200m Individual Medley (Greece)	NC State Alum
				Men's 4x100m Freestyle Relay (Greece)	
85	Aranza	Vazquez	Diving	Women's 3m Springboard (Mexico)	UNC
86	Danielle	Waldman	Equestrian	Show Jumper	Duke Alum
87	Caine	Wilkes	Weightligting	Men's +109kg Weightclass	Matthews
88	Lynn	Williams	Soccer	Women's National Team Alternate	NC Courage
89	Lily	Williams	Cycling	Women's Cycling	Asheville
90	Jordan	Windel	Diving	Men's Individual Platform	Morrisville
91	Lotte	Wubben-Moy	Soccer	Women's National Team (England)	UNC Alum
92	Alex	Young	Track & Field	Men's Hammer Throw	Chapel Hill (Gardner Webb Alum)
93	Ernie	Young	Baseball	Men's National Team Hitting Coach	Previous Kannapolis Inimidators Manager
94	Katie	Zaferes	Triathlon	Women's Triathlon	Cary
	11000				
Count		No	orth Carolina At	hletes Selected to the 2020 Para	alympics
ञ्जनाभा	First Name				· ·
Count 1	First Name Hannah	Last Name	Sport	Event	Association to North Carolina Raleigh (Queens University)
				Event Women's 100m Backstroke	Association to North Carolina
		Last Name	Sport	Event Women's 100m Backstroke Women's 100m Freestyle	Association to North Carolina
		Last Name	Sport	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle	Association to North Carolina
1	Hannah	Last Name Aspden	Sport Swimming	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle Women's 200 Individual Medley	Association to North Carolina Raleigh (Queens University)
		Last Name	Sport	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle Women's 200 Individual Medley Women's 400m Freestyle	Association to North Carolina
1	Hannah	Last Name Aspden	Sport Swimming	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle Women's 200 Individual Medley Women's 400m Freestyle Women's 100m Backstroke	Association to North Carolina Raleigh (Queens University)
2	Hannah McClain	Last Name Aspden Hermes	Sport Swimming Swimming	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle Women's 200 Individual Medley Women's 400m Freestyle Women's 100m Backstroke Women's 100m Breaststroke	Association to North Carolina Raleigh (Queens University) Charlotte
1	Hannah	Last Name Aspden	Sport Swimming	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle Women's 200 Individual Medley Women's 400m Freestyle Women's 100m Backstroke Women's 100m Breaststroke Men's 100m	Association to North Carolina Raleigh (Queens University)
2	Hannah McClain Desmond	Last Name Aspden Hermes Jackson	Sport Swimming Swimming Track & Field	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle Women's 200 Individual Medley Women's 400m Freestyle Women's 100m Backstroke Women's 100m Breaststroke Men's 100m Men's Long Jump	Association to North Carolina Raleigh (Queens University) Charlotte Durham (Campbell University)
2 3 4	Hannah McClain Desmond Heather	Last Name Aspden Hermes Jackson Erickson	Swimming Swimming Track & Field Sitting Volleyball	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle Women's 200 Individual Medley Women's 400m Freestyle Women's 100m Backstroke Women's 100m Breaststroke Men's 100m Men's Long Jump Women's National Team	Association to North Carolina Raleigh (Queens University) Charlotte Durham (Campbell University) Fayetteville
2	Hannah McClain Desmond	Last Name Aspden Hermes Jackson	Sport Swimming Swimming Track & Field	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle Women's 200 Individual Medley Women's 400m Freestyle Women's 100m Backstroke Women's 100m Breaststroke Men's 100m Men's Long Jump Women's National Team Men's 100m	Association to North Carolina Raleigh (Queens University) Charlotte Durham (Campbell University)
1 2 3 4 5	Hannah McClain Desmond Heather Lex	Last Name Aspden Hermes Jackson Erickson Gillette	Swimming Swimming Track & Field Sitting Volleyball Track & Field	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle Women's 200 Individual Medley Women's 400m Freestyle Women's 100m Backstroke Women's 100m Breaststroke Men's 100m Men's Long Jump Women's National Team Men's 100m Men's Long Jump	Association to North Carolina Raleigh (Queens University) Charlotte Durham (Campbell University) Fayetteville Raleigh (ECU)
2 3 4	Hannah McClain Desmond Heather	Last Name Aspden Hermes Jackson Erickson	Swimming Swimming Track & Field Sitting Volleyball	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle Women's 200 Individual Medley Women's 400m Freestyle Women's 100m Backstroke Women's 100m Breaststroke Men's 100m Men's Long Jump Women's National Team Men's 100m Men's Long Jump Men's 400m Freestyle	Association to North Carolina Raleigh (Queens University) Charlotte Durham (Campbell University) Fayetteville
1 2 3 4 5	Hannah McClain Desmond Heather Lex	Last Name Aspden Hermes Jackson Erickson Gillette	Swimming Swimming Track & Field Sitting Volleyball Track & Field	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle Women's 200 Individual Medley Women's 400m Freestyle Women's 100m Backstroke Women's 100m Breaststroke Men's 100m Men's Long Jump Women's National Team Men's 100m Men's Long Jump Men's 400m Freestyle Men's 400m Freestyle Men's 100m Backstroke	Association to North Carolina Raleigh (Queens University) Charlotte Durham (Campbell University) Fayetteville Raleigh (ECU)
1 2 3 4 5	McClain Desmond Heather Lex Robert	Last Name Aspden Hermes Jackson Erickson Gillette Griswold	Sport Swimming Swimming Track & Field Sitting Volleyball Track & Field Swimming	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle Women's 200 Individual Medley Women's 400m Freestyle Women's 100m Backstroke Women's 100m Breaststroke Men's 100m Men's Long Jump Women's National Team Men's 100m Men's Long Jump Men's 400m Freestyle Men's 100m Backstroke Men's 200m Individual Medley	Association to North Carolina Raleigh (Queens University) Charlotte Durham (Campbell University) Fayetteville Raleigh (ECU) Hickory
1 2 3 4 5	Hannah McClain Desmond Heather Lex	Last Name Aspden Hermes Jackson Erickson Gillette	Swimming Swimming Track & Field Sitting Volleyball Track & Field	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle Women's 200 Individual Medley Women's 400m Freestyle Women's 100m Backstroke Women's 100m Breaststroke Men's 100m Men's Long Jump Women's National Team Men's 100m Men's Long Jump Men's 400m Freestyle Men's 100m Backstroke Men's 200m Individual Medley Men's 100m Butterfly	Association to North Carolina Raleigh (Queens University) Charlotte Durham (Campbell University) Fayetteville Raleigh (ECU)
1 2 3 4 5	McClain Desmond Heather Lex Robert	Last Name Aspden Hermes Jackson Erickson Gillette Griswold	Sport Swimming Swimming Track & Field Sitting Volleyball Track & Field Swimming	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle Women's 200 Individual Medley Women's 400m Freestyle Women's 100m Backstroke Women's 100m Breaststroke Men's 100m Men's Long Jump Women's National Team Men's 100m Men's Long Jump Men's 400m Freestyle Men's 100m Backstroke Men's 200m Individual Medley Men's 100m Butterfly Men's 200m Individual Medley	Association to North Carolina Raleigh (Queens University) Charlotte Durham (Campbell University) Fayetteville Raleigh (ECU) Hickory
1 2 3 4 5 6	McClain Desmond Heather Lex Robert Lawrence	Last Name Aspden Hermes Jackson Erickson Gillette Griswold Sapp	Sport Swimming Swimming Track & Field Sitting Volleyball Track & Field Swimming Swimming	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle Women's 200 Individual Medley Women's 400m Freestyle Women's 100m Backstroke Women's 100m Breaststroke Men's 100m Men's Long Jump Women's National Team Men's 100m Men's Long Jump Men's 400m Freestyle Men's 100m Backstroke Men's 100m Backstroke Men's 200m Individual Medley Men's 200m Individual Medley Men's 200m Freestyle	Association to North Carolina Raleigh (Queens University) Charlotte Durham (Campbell University) Fayetteville Raleigh (ECU) Hickory Charlotte
1 2 3 4 5 6	Hannah McClain Desmond Heather Lex Robert Lawrence	Last Name Aspden Hermes Jackson Erickson Gillette Griswold Sapp Schieck	Sport Swimming Swimming Track & Field Sitting Volleyball Track & Field Swimming Swimming Sitting Volleyball	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle Women's 200 Individual Medley Women's 400m Freestyle Women's 100m Backstroke Women's 100m Breaststroke Men's 100m Men's Long Jump Women's National Team Men's 100m Men's Long Jump Men's 400m Freestyle Men's 100m Backstroke Men's 100m Backstroke Men's 200m Individual Medley Men's 200m Individual Medley Men's 200m Freestyle Women's 200m Freestyle Women's National Team	Association to North Carolina Raleigh (Queens University) Charlotte Durham (Campbell University) Fayetteville Raleigh (ECU) Hickory Charlotte Statesville (UNC)
1 2 3 4 5 6	McClain Desmond Heather Lex Robert Lawrence	Last Name Aspden Hermes Jackson Erickson Gillette Griswold Sapp	Sport Swimming Swimming Track & Field Sitting Volleyball Track & Field Swimming Swimming	Event Women's 100m Backstroke Women's 100m Freestyle Women's 50m Freestyle Women's 200 Individual Medley Women's 400m Freestyle Women's 100m Backstroke Women's 100m Breaststroke Men's 100m Men's Long Jump Women's National Team Men's 100m Men's Long Jump Men's 400m Freestyle Men's 100m Backstroke Men's 100m Backstroke Men's 200m Individual Medley Men's 200m Individual Medley Men's 200m Freestyle	Association to North Carolina Raleigh (Queens University) Charlotte Durham (Campbell University) Fayetteville Raleigh (ECU) Hickory Charlotte

Editor's Note: Our research team on this project - researching and documenting all NC-connected 2021 Olympians and Paralympians - has been incredibly diligent, persistent, and meticulous. As a result, we believe this is by far the most extensive listing of NC Olympians/Paralympians you will find from any news, sport, or other source.

However, if you spot an error or know of someone we may have missed, please email us at info@trianglesportscommission.com to let us know.									
* Formerly known as Rebecca Quinn									