



2018 HPC Coach Bios

Bill Meier, Head Coach



Veteran coach, Bill Meiers, has been named Head Coach of the 2018 U.S. Masters Swimming High Performance Camp. In 2017 Bill served as HPC Assistant Coach. Bill is a Level 4 USMS certified coach and currently serves on the Board of Directors of The Swimming Saves Lives Foundation. Bill resides in Great Barrington, MA, and swims for New England Masters.

Bill has been most instrumental in developing and becoming the first lead instructor for the Adult Learn to Swim Program (ALTS). Adult Learn to Swim has become a cornerstone program of U.S. Masters Swimming thanks to Bill's leadership and efforts. Along with the program, Bill introduced "April is Adult Learn to Swim Month" to USMS. For his extensive volunteer work on behalf of USMS, Bill was awarded the Dorothy Donnelly Service Award in 2014.

In college Bill swam at the State University of New York at Albany and graduated with a B.A. degree in 1984. During his last two years at Albany Bill was named the Great Danes swimming captain.

Trey Taylor, Assistant Coach



Trey Taylor served as HPC Assistant Coach in 2017 and is back to share his knowledge, particularly in the strength training area, as a 2018 HPC Assistant Coach. Trey has multiple coaching certifications including Level 3 USMS coach; Levels 1 and 2 ASCA certified coach; and USA Swimming certified coach.

Trey resides in Gastonia, NC, where he started his swimming career with the Gaston Gators age group team from 1995-2005. He attended and graduated from nearby UNC Charlotte with a B.S. degree in 2008. In 2007, while still in college, Trey was named head swimming coach at his high school alma mater, Ashbrook High, earning Big South 3A Conference Coach of the year in 2010. During that same time period, Trey was named the age group coach of the Gaston Gators, where he swam as a youth. He then became the Head Coach of the Gaston Gators in 2012. He now serves as the President of Gaston Aquatics and coaches both Age Group and Masters level swimmers.

Mike Hamm, Assistant Coach



Mike Hamm is a resident of Coeur d'Alene, ID, where he is the Head Coach for the Kroc Masters Swim Team. Mike has earned all 4 Levels of USMS coach certification. He now owns a very successful swim school in Coeur d'Alene that specializes in individual instruction for all swimmers. Mike has 40 years of swim coaching experience, including coaching age group, high school, and water polo teams throughout his career.

Mike developed his swimming skills on an age group swim team. In college, he was an NCAA Division II Champion at Cal State - Northridge in numerous events. He currently owns a number of Masters swimming records. Mike considers the pinnacle of his swimming career to be when he qualified for the Olympic trials.

Lisa Brown, Assistant Coach



In addition to her responsibilities with Zionsville Aquatic Masters, Lisa also serves as aquatics director of Zionsville Aquatic Center. Lisa is a USMS-certified Adult Learn to Swim Lead Instructor, Coach Certification Instructor, and USMS Level 3 certified coach. Lisa is also an American Red Cross Lifeguard Instructor trainer and a certified pool operator.

Lisa is an accomplished and experienced competitive swimmer, including open water events. She has multiple Big Shoulders and Manhattan Pier-to-Pier swims to her credit, as well as 25K and 10K USMS National Championship swims. From her business background Lisa applies her corporate experience to help her fellow swimmers achieve their fitness and competitive goals.