

2017 HPC Camper Testimonials

I would like to thank everyone behind HPC for their dedication, passion, and professionalism! HPC is a once-in-a-year event that every dedicated swimmer should attend.

The Quality of seminars is outstanding and given by world-class coaches and experts in the field. The pool sessions are focused on technique and drills, and in between, I received feedback from the coaches walking alongside the pool edge and monitoring every nuance of the stroke. Each swimmer was filmed multiple times, and evening reviews were another invaluable tool and eye-opener (now, I wish every pool would have a dedicated video equipment for convenient, periodic review)

The spirit of the HPC is...a total-immersion, from morning breakfast, until evening cool-down at the bar. There is lots of planning and details to take care of during the camp – even before day 0 and picking up the swimmers from the local airport, to catering, organizing speaker sessions and making sure every activity is on time. Just as we swim with passion, there is much voluntarism behind the scene at HPC – therefore big thanks organizers, coaches, speakers, and staff!

- Dubravko Biruski
Palo Alto, CA
Age 48

I would highly recommend the HPC to any swimmer dedicated to growth in the sport. The amount of knowledge shared and personalized coaching received is vast and friendship lasting. And Dr. G...just puts it over the top.

- Reva Keaton
Medina, OH
Age 46

I have been swimming for 65 yrs, 58 yrs without a coach, during my military career and after retirement. All those years,(not including seven years on a swim team prior to entering the military) I was self taught. I never knew how much I misinterpreted stroke technique, body position and so much more. Now I know what I don't know and can do something about it as a result of attending the High Performance Camp. What a blessing this experience was and will continue to be for the rest of my swimming career.

- Charlie Simmons
Fayetteville, NC
Age 76

If you seriously want to improve your technique, this camp gives you many tools to do so. But you must incorporate them in your practice!

- Taitte Darlington
Berkeley, CA
Age 61